



SAHAJA YOGA

Méditation spontanée pour tous.

Sahaja Yoga Association Switzerland

On behalf of all Sahaja Yogis in Switzerland, we take this opportunity of the Function dedicated to the release of the Commemorative Coin of Her Holiness Shri Mataji Nirmala Devi, to thank Param Pujya Shri Mataji for Her untiring efforts to emancipate humanity.

We thank our Chief Guest Shri Nitin Gadkari for his presence, the Government of India, as well as the esteemed and honorable attendees who have gathered in celebration of this auspicious occasion.

Param Pujya Shri Mataji Nirmala Devi is known the world over by the millions whose lives She has fundamentally transformed through Her love, grace and teachings.

Shri Mataji worked unceasingly to share the experience of self-realization through kundalini awakening with seekers of truth in all countries of this world. Shri Mataji emphasized that the spiritual experience had to be genuine and lead to the evolution of the individual. Through Her unparalleled spiritual genius She devised a simple method by which one and all can achieve the exalted heights of spiritual fulfilment hitherto reserved for only the highest amongst ascetics and sages.

Shri Mataji travelled to Switzerland on numerous occasions throughout the 80's and 90's. She introduced us to the profound culture of India, its unique spiritual heritage, the vibrancy and depth of Indian classical music but most importantly to Sahaja Yoga. Through Sahaja Yoga we can transcend the mind and achieve thoughtless awareness as described by Shri Mataji, this is the inner state which opens the doors to meditative bliss.

We pray that this Commemorative Coin may contribute to inspire all to follow Her Holiness Shri Mataji Nirmala Devi's eternal legacy of humankind's emancipation through true spiritual evolution.